

TEST PAPER – 8th grade

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Școala Gimnazială Găgești

1. Complete the sentences with do, play, go and one of the words below: 10x1p=10p

- a racquet • goggles • a wetsuit • a puck
- a mat

- | | | |
|---|---|-----------------|
| 1 | When you ... snowboarding, you need a snowboard and | 1. _____, _____ |
| 2 | When you ... ice hockey, you need a stick and | 2. _____, _____ |
| 3 | When you ... tennis, you need | 3. _____, _____ |
| 4 | When you ... yoga, you need | 4. _____, _____ |
| 5 | When you ... snorkelling, you need flippers and | 5. _____, _____ |

2. Fill in pancakes, sprained, plaster cast, soup, muscle: 5x2p=10p

- | | | |
|---|--|----|
| 1 | The doctor put John's leg in a | 1. |
| 2 | She ... her wrist while she was playing tennis. | 2. |
| 3 | Megan loves having ... for breakfast. | 3. |
| 4 | She pulled a ... while she was lifting some weights. | 4. |
| 5 | Tom is sick, so he is having ... for lunch. | 5. |

3. Choose the correct item: 10x2p=20p

- | | | |
|----|--|-----|
| 1 | We haven't got much/many milk left. | 1. |
| 2 | I can eat eight slices/loaves of pizza. | 2. |
| 3 | We've got a few/a little money to spend on jewellery. | 3. |
| 4 | We've got a few/a little apples. Let's make an apple pie. | 4. |
| 5 | Would you like a bowl/cup of tea? | 5. |
| 6 | Can you get me the bottle/jar of oil from the cupboard? | 6. |
| 7 | We haven't taken many/much pictures. | 7. |
| 8 | We should have a packet/carton of orange juice in the fridge. | 8. |
| 9 | She's got much/a lot of scarves. | 9. |
| 10 | I'm going to the baker's to buy a loaf/piece of bread. | 10. |

4. Choose the correct verb form:

5x2p=10p

- 1 Be careful! Those scissors **is/are** very sharp.
- 2 Neither Sam nor Ben **like/likes** playing tennis.
- 3 Chickenpox **is/are** a childhood disease.
- 4 Both Ron and Mike **is/are** athletes.
- 5 Everyone in my class **is/are** going to the football match.


5. Complete the dialogue with the sentences:

5x2p=10p

- a I feel terrible.
 - b I suppose you're right.
 - c You should see a doctor.
 - d What's wrong?
 - e Are you OK?
- A: Hi Lina. **1)** You don't look very well. **1.**
- B: **2)** **2.**
- A: Really? **3)** **3.**
- B: I've got a terrible stomach ache. **4.**
- A: **4)**
- B: I don't like doctors.
- A: It won't get better by itself. **5.**
- B: **5)**

6. Read the text and decide if the sentences are T (true), F (false) or DS (doesn't say):

6x2p=12p



Doing sports and physical activities are great ways to keep fit. It is also important to eat a healthy, balanced diet to provide your body with all the nutrients it needs.

Eating for Sport

- We all need energy. Foods with carbohydrates such as bread, rice, pasta and potatoes are an excellent source of energy. When you eat food containing carbohydrates, your body stores them in your muscles. The muscles use them as their fuel. When you exercise you need a lot of carbohydrates in your meals, but when you want to lose weight you don't. Carbohydrates can easily make you put on weight.
- Foods with protein such as meat, fish, and milk are also a good source of energy. They help your muscles grow and repair themselves. Athletes eat a diet high in protein to keep their muscles and bones strong and in good shape.

Drinking for Sport

When exercising it is important to drink liquids or else you get dehydrated. Avoid sugary drinks. Water is very important for those who exercise. Remember to:

- drink a lot of water before you start exercising.
- always have a bottle of water available during exercise.
- drink plenty of water when you have finished.

- 1 Sports help you stay fit and healthy.
- 2 Certain sports require certain foods.
- 3 Sugar and bread strengthen an athlete's muscles.
- 4 Eating meat helps an athlete to have energy.
- 5 An athlete mustn't drink any water during exercise.
- 6 Drinks that contain sugar can destroy your teeth.

7. Write about your favourite food or your favourite sport in 5-8 lines (35-60 words).

18p

10p granted

Answer key:

1. Complete the sentences with do, play, go and one of the words below: 10x1p=10p

- a racquet • goggles • a wetsuit • a puck
- a mat

- | | | | |
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| 2 | When you ... ice hockey, you need a stick and | 2. play, | a puck |
| 3 | When you ... tennis, you need | 3. play, | a racquet |
| 4 | When you ... yoga, you need | 4. do, | a mat |
| 5 | When you ... snorkelling, you need flippers and | 5. go, | a wetsuit |

2. Fill in pancakes, sprained, plaster cast, soup, muscle: 5x2p=10p

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|---|--|-----------------|
| 1 | The doctor put John's leg in a | 1. plaster cast |
| 2 | She ... her wrist while she was playing tennis. | 2. sprained |
| 3 | Megan loves having ... for breakfast. | 3. pancakes |
| 4 | She pulled a ... while she was lifting some weights. | 4. muscle |
| 5 | Tom is sick, so he is having ... for lunch. | 5. soup |

3. Choose the correct item: 10x2p=20p

- | | | |
|----|--|-------------|
| 1 | We haven't got much/many milk left. | 1. much |
| 2 | I can eat eight slices/loaves of pizza. | 2. slices |
| 3 | We've got a few/a little money to spend on jewellery. | 3. a little |
| 4 | We've got a few/a little apples. Let's make an apple pie. | 4. a few |
| 5 | Would you like a bowl/cup of tea? | 5. cup |
| 6 | Can you get me the bottle/jar of oil from the cupboard? | 6. bottle |
| 7 | We haven't taken many/much pictures. | 7. many |
| 8 | We should have a packet/carton of orange juice in the fridge. | 8. carton |
| 9 | She's got much/a lot of scarves. | 9. a lot of |
| 10 | I'm going to the baker's to buy a loaf/piece of bread. | 10. loaf |

4. Choose the correct verb form:

5x2p=10p

- | | | | |
|---|---|----|-------|
| 1 | Be careful! Those scissors is/are very sharp. | 1. | are |
| 2 | Neither Sam nor Ben like/likes playing tennis. | 2. | likes |
| 3 | Chickenpox is/are a childhood disease. | 3. | is |
| 4 | Both Ron and Mike is/are athletes. | 4. | are |
| 5 | Everyone in my class is/are going to the football match. | 5. | is |


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5x2p=10p

- a I feel terrible.
b I suppose you're right.
c You should see a doctor.
d What's wrong?
e Are you OK?
- A: Hi Lina. **1)** You don't look very well. 1. e
B: **2)** 2. a
A: Really? **3)** 3. d
B: I've got a terrible stomach ache. 4. c
A: **4)**
B: I don't like doctors.
A: It won't get better by itself. 5. b
B: **5)**

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- | | |
|---|-------|
| 1 Sports help you stay fit and healthy. | 1. T |
| 2 Certain sports require certain foods. | 2. DS |
| 3 Sugar and bread strengthen an athlete's muscles. | 3. F |
| 4 Eating meat helps an athlete to have energy. | 4. T |
| 5 An athlete mustn't drink any water during exercise. | 5. F |
| 6 Drinks that contain sugar can destroy your teeth. | 6. DS |

Marking scheme:

7. Write about your favourite food or your favourite sport in 5-8 lines (35-60 words).

- content: 4p
- accuracy: 4p
- use of specific vocabulary: 5p
- use of correct grammar: 5p

18p